

Jorvik Medical Practice

Newsletter Winter 2009

Practice Manager
Mrs Dana Homer

Partners

Dr Wendy Evans
Dr David Fair
Dr David Hartley
Dr Julia Alexander
Dr John Lockett
Dr Nicola Gill
Dr Tony Pegrum
Dr Ben Shorten

Salaried

Dr Rachel Grainger
Dr Shireen Fatheazam

Dr Bill Khan

Nurses

Alison Marshall
Jan Jones
Iffa Settle

Telephone

8am – 6 pm

Surgeries from

8.30am - 6pm

Visit requests

call before 10.30

Results

call after 10.30

Urgent Out of Hours

0845 056 8060

York Hospital

631313

Social Services York

613161

Citizens Advice

636066

NHS Direct

0845 4647

Registrar Births &

Deaths

654477

A NEW LOOK FOR SOUTHBANK SURGERY

You may have noticed that our Southbank surgery building is looking a bit shabby. We have been looking at options for some time ranging from a lick of paint to a new building on a different site. We are pleased to announce that we will be refurbishing the existing building. The reception area will be rebuilt to a new and better design. The nurse treatment room will move downstairs. All consulting rooms will be completely refurbished and will have air conditioning. Upstairs will be redesigned to provide better waiting area and extra consulting rooms. Space is limited so unfortunately we cannot install a lift so access to upstairs will still be restricted to the stairs. If you have difficulty managing stairs then please be aware of this when booking your appointment. We hope to start in early March. There will be some temporary disruption and the Southbank Surgery will have to close for a few weeks. I'm sure it will be worth it.

Repeat prescriptions can now be requested by telephone on a dedicated line, open 10-12am daily. Please listen carefully to the message and follow instructions. Prescriptions should be ready within 2 working days.

01904 721872

Remember this number is only for repeat prescription requests.

HPV vaccination campaign

A new vaccination programme against HPV (Human papilloma virus) has commenced nationally for girls age 12-13. The vaccine has been developed to protect young girls in most cases from getting cervical cancer later on. Prof. Harald zur Hausen, the scientist who made the link between that papilloma viruses caused cervical cancer has received

Nobel Prize for his discovery. A catchup campaign to protect girls aged 17 to 18 is in progress. Letters are being sent to our young patients asking them to make an appointment with our Practice Nurses. Three injections over a period of 6 months are needed to get the best protection. For information visit the website www.nhs.uk/hpv.

01904 724343

www.jorvikmedicalpractice.co.uk

MMR catch up campaign – The number of cases of measles in England is rising following a decade of relatively low vaccine uptake. Last year, up to the end of November, there were 1217 cases reported in England & Wales, the highest rate for 13 years. For comparison there were 1621 cases in the 10 years 1996 - 2005. Measles is an unpleasant and sometimes serious or even fatal illness. It is almost entirely preventable with vaccination. It is estimated that around three million children ages 18 months to 18 years have missed their first or second MMR vaccination. Scientific advice from DoH and the Health Protection Agency suggests that levels of MMR immunisation need to be increased as a matter of urgency. The Department of Health has launched a campaign to vaccinate every child up to the age of 18 against measles. Jorvik Medical Practice is participating in this programme and is inviting patients from 13 months to 18 years old who have not had a complete immunisation to book an appointment with our practice nurses. For more information please visit the website www.dh.gov.uk/en/News/Recentstories/DH_086861

Comings and goings

In recent weeks we have said goodbye to our nurse manager Beverley Crapper and Health Care Assistant Shona Sutton. Bev is spending some time in Malawi helping teach local nurses and Shona has a new job with the Hospital Trust. We would like to thank them for their contribution to the work of the practice and wish them well for the future.

We are pleased to welcome Iffa Settle. She has been working in the endoscopy suite of the hospital but is now looking forward the challenges of being a practice nurse.

Bill Khan joins us for 4 months as part of his second foundation year since qualifying as a doctor.

COPD Met. Office Forecasting Service – This telephone service is offered to all our patients with COPD (Chronic Obstructive Airways Disease) who have agreed to participate in the scheme. When the weather is identified by Met. Office Forecasting Service to be at high risk, the patients are contacted by automated telephone call to remind them to check whether they have enough medication and whether their symptoms are getting worse. The patients whose symptoms are deemed to be getting worse are advised to speak to their GP. Our telephone advice calls to surgery have increased as a result of running this campaign.

Norovirus - Is the most common cause of infectious gastroenteritis (diarrhoea and vomiting) in England and Wales. The illness is generally mild and people usually recover within 2–3 days; there are no long-term effects that result from being infected. Norovirus is highly infectious. Particular attention to good hygiene measures should be observed during outbreaks. It is very important to wash your hands with soap and water after contact with someone who is ill and after using the toilet, especially if you are suffering from symptoms.

Flu campaign update – 75% of patients over 65 years old have been vaccinated against flu. We would like to urge patients under 65 with a variety of certain chronic health problems (heart, kidney, lungs, liver, diabetes, or a weak immune system) to book an appointment with our Health Care Assistant or Practice Nurses as soon as possible.