

Jorvik Medical Practice  
Woolpack House  
The Stonebow  
York  
YO1 7NP

Tel: 01904 724 343  
Fax: 01904 633 881



South Bank Medical  
Centre  
175 Bishopthorpe Road  
York  
YO23 1PD

Tel: 01904 724 343  
Fax: 01904 672 938

[www.jorvikmedicalpractice.co.uk](http://www.jorvikmedicalpractice.co.uk)

## **COLLECTION OF FAECES SAMPLE**

Use pots with a collecting spoon. Only when faeces cannot be obtained, a rectal swab with visible faeces on it may be sent, but these are a poor substitute.

### **Suggestions for collection of faeces specimens:**

When having your bowels open please use one of the following methods. It is of paramount importance NOT to scoop the specimen from the toilet basin as this will be contaminated and may lead to false results.

1. Pass the motion or part of the motion into:-
  - a) Disposable container (e.g. clean margarine container or similar)  
OR
  - b) Child's potty
2. With the spoon attached to the blue lid, scoop some of the motion in to the specimen container approx. half an inch in the bottom of the pot.
3. On completion, empty the remaining faeces in to the toilet and:-
  - a) Wrap the disposable container in a newspaper and place it in the dustbin.
  - b) Using hot soapy water thoroughly wash, rinse and dry the potty using disposable kitchen roll or similar.
4. Please ensure that the person's identity is written clearly on the label of the specimen container. The request form should be placed in the section of the polythene bag with out the fastener and NOT in the section with the sample.